



Enough is our Concordia University Texas theme for the 2023-2024 academic year.

CONNECT

with self and others:

1. Have you ever needed something that you didn't have at that moment? What was it?

Maybe you forgot your phone in your apartment when you were going to hang out with friends. Maybe you forgot your books for class in the residence halls, knowing that going back to grab them will make you late for class. Maybe you forgot your ID card as you were going to eat lunch. How did that situation turn out? Maybe a friend offered to pay for your lunch, or you were able to share someone else's book, or you ended up having a great time with your friends without feeling the need to connect with the outside world. Sometimes, we don't always trust that God will provide for us in small moments like these. We can doubt God's provision over our lives and think that we need to provide for ourselves all the time. We, like the Israelites, can complain and doubt that God's grace is enough for us.

NOTES: _____



READ
Exodus 16:3-17



The people of Israel said to them, "Would that we had died by the hand of the LORD in the land of Egypt when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger."

4 Then the LORD said to Moses, "Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not. 5 On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily." 6 So Moses and Aaron said to all the people of Israel, "At evening you shall know that it was the LORD who brought you out of the land of Egypt, 7 and in the morning you shall see the glory of the LORD because he has heard your grumbling against the LORD. For what are we, that you grumble against us?" 8 And Moses said, "When the LORD gives you in the evening meat to eat and in the morning bread to the full because the LORD has heard your grumbling that you grumble against him—what are we? Your grumbling is not against us but against the LORD."

9 Then Moses said to Aaron, "Say to the whole congregation of the people of Israel, 'Come near before the LORD, for he has heard your grumbling.'" 10 And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. 11 And the LORD said to Moses, 12 "I have heard the grumbling of the people of Israel. Say to them, 'At twilight, you shall eat meat, and

God continually provides the Israelites with what they need, although they continually doubt Him. In the first verse the people are grumbling to Moses, longing for the food they ate in Egypt that always filled them up, and they complained of their suffering from hunger. God then sends down manna, bread from heaven, as provision for them to eat and live so that they would no longer hunger. When Jesus was tempted in the wilderness while He fasted for forty days, He said, "Man does not live by bread alone, but by every word that comes from the mouth of God." (Matthew 4:3 ESV). He knows the pains of suffering and temptation. He went through it because He was fully human on earth. And yet, He sought the Father's provision over His life. He was the "manna" sent down from heaven so that we might eat His body and drink His blood to live that we need to provide for ourselves all the time. We, like the Israelites, can complain and doubt that God's grace is enough for us.

QUESTIONS:

- 1. When is a time you needed something you didn't have? Did someone provide that need?
2. Where does God extend grace to the Israelites in this passage?
3. When you look back at your life, how has God provided for you in the past? How is He providing for you now?
4. In Christ, God has provided you with life through Jesus' death and resurrection. How can you provide grace for others because of what He has done for you?

DIG DEEPER:

Continue reading in Exodus 16 from verse 18- 30

Moses gave the Israelites instructions on how much to take and to not leave any until morning. But the people were greedy and didn't listen to Moses. They tried to save the bread for the next day, but it melted overnight.

- 1. What is God testing in melting the bread by nightfall?
2. It seems that day after day the Israelites didn't learn to trust God. When have you struggled to trust Him even when He provides for you daily?
3. How can you realize God's provision more often and thank God for it?
4. Continue reading Exodus from verses 31-35. How does God's provision correlate with Sabbath rest?

SHARE:

apply to your life.

How can you realize God's provision more often and thank God for it?

in the morning you shall be filled with bread. Then you shall know that I am the LORD your God."

13 In the evening quail came up and covered the camp, and in the morning dew lay around the camp. 14 And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. 15 When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread that the LORD has given you to eat. 16 This is what the LORD has commanded: 'Gather of it, each one of you, as much as he can eat. You shall each take an omer, according to the number of the persons that each of you has in his tent.'" 17 And the people of Israel did so. They gathered, some more, some less.

- Exodus 16:3-17

PRAYER:

Jesus, thank You for Your daily provision of life because of Your death. Remind us of Your faithfulness to always provide Your grace even when we continually doubt You. In our sin, we don't deserve Your grace, help us to hold on to Your promises even in our lack of trust. Amen

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